

AND MORE...

FACE & SKIN DELIGHTS

Osmosis RevitaPen Facial Infusion \$248

The RevitaPen offers a needle-less collagen induction therapy. It is fantastic for treating lines and wrinkles, evening skin tone and improving the appearance of acne scarring. This treatment works to enhance product absorption and stimulate the skins regenerative processes making the RevitaPen Facial Infusion a much more long-term approach to both skin health and age management.

NBalance Signature Facial \$88

Customized facial using luxurious holistic products infused with Age Reversing ingredients. Enjoy a heavenly aroma of fresh fruits, pulps & enzymes that leave your skin feeling lifted, firm and a radiant glow.

Deep Cleanse & Revitalize \$68

A detoxifying and relaxing facial using all holistic skincare products. You will experience refined and smoother skin, a balanced PH level, fight against acne, slow down the aging process and increase overall tone of the skin.

Destressing Back Facial \$68

Using gentle exfoliation, a steam mask and a hydrating moisturizer this back facial helps to revitalize the skin and help heal cell damage. Popular for clients who may get a lot of sun or have dry or acne prone skin.

NBalance Signature Age Reversal Facial \$138

4 part facial combining microdermabrasion, vacuum, light therapy and an age reversing facial resulting in unmatched results and the epitome of pampering. Perfect for clients who want to erase the signs of aging, decrease pigmentation and increase muscle tone, skin elasticity and collagen on the face and décolletage.

Microdermabrasion Quartz Crystal Facial \$98

This treatment is a skin resurfacing treatment which utilizes a stream of micro-crystals projected onto the skin and then vacuumed away. It is the ultimate advancement in non-invasive, non-surgical skin conditioning. This procedure is ideal for: Leaving skin feeling smooth, soft and renewed.

Crystal Facial \$98

Enjoy an energetically balancing facial by incorporating the use of the healing powers of nature's crystals amethyst, ruby, tourmaline, rose quartz, sapphire and lepidolite. After a thorough consultation the therapist will select crystals that correspond with your needs for your skin and spirit. This Crystal Facial uses crystal water, reflexology, and a signature facial.

Anti-Aging & Skin Tightening Peel \$98

This peel is for all those who want to achieve a more youthful and even skin tone, correct photo-aging, sun damage and pigment discoloration of any kind. It is especially beneficial in the treatment of acne.

Microneedling Collagen Induction Facial \$28

A powerful facial rejuvenation treatment. Microneedling involves the use of a mechanized device that features a series of tiny needles that penetrate the top layers of the skin to generate collagen production.

Microcurrent Add-on \$28

The microcurrent technology strengthens facial muscles revealing a toned, tighter and lifted appearance. Many clients prefer microcurrent to the effects of botox and fillers due to the volume and lifted appearance of the muscles.

LASH SERVICES

Volume Lash Full Set Extensions \$178

Individual Lash Extensions \$148

Volume Fill Starting Price \$68

2 Week Extension Fill \$58

3 Week Extension Fill \$68

Lash Lifting \$58

Lash/Brow Tinting \$28



MANICURES & PEDICURES

Luxury Manicure \$38

Express Manicure \$28

Luxury Pedicure \$48

Express Pedicure \$38

SNS Acrylic (DIPPED)

Full Set \$38

Fill \$28

Polish Change \$8

Add Gel Polish \$10

SPRAY TANNING

Organic solution that adjusts to skins natural undertone to give "Just off the beach tan"

SUMMER GOLDEN-MOCHA:

Single Session \$38

Series \$158

ONE HOUR RAPID

Single Session \$48

Series \$198

BODY WRAPS

Seasonal Scrub \$68

Experience the harmonizing scents that reflect the current season, formulated to nourish the body accordingly. This scrub will not only exfoliate the dead skin away, but will also increase total body blood circulation, enhancing mobility and overall feeling of wellbeing.

Tighten & Tone Wrap \$128

An all-natural holistic approach to body contouring that targets cellulite loss and creates a permanent inch loss of 4 to 14 inches per wrap, while improving general health, nourishing the skin, and contouring the bodies soft areas of the body, such as the buttocks, stomach, waist, legs and arms.

Slim N Trim Infrared Detoxifying Wrap \$88

Melt the inches off while wrapped up cozily in an infrared cocoon, specially designed to purify the body by purging toxins within the body, relieve pain, and trim off weight! Infrared works to rid the toxins that are harder to release such as alcohol, nicotine, ammonia and heavy metals. Say goodbye to toxins and excess water weight and have a renewal of overall blood circulation and a slimmer appearance.

Himalayan Salt & Coconut Body Scrub \$68

Indulge in this tropical scented body exfoliation treatment! Meant to remove dead skin and polish the skin to be smoother and brighter. Himalayan salt is one of the world's purest salts, extracted from ancient salt mines in the Himalayas. This salt scrub is used for skin nourishment and mineral replenishment.

Seaweed Detoxifying Body wrap \$88

Eliminate impurities from the body and bring in hydration with the healing powers of Kelp. The health benefits of seaweed include improvement in digestive health, cardiovascular health, and maintaining healthy skin. It also has anti-coagulant properties, and covers the body's need for iodine. Leave feeling tighter, toned and rejuvenated after this full body detoxifying treat.

VIP MEMBERSHIP

Membership isn't about indulgence or an occasional "treat" for yourself, it's about taking care of the only body you have and being the best version of you possible.

Join a program that is helping you reconnect - mind, body, spirit.

MEMBERS CHOOSE 1 PER MONTH: \$68

ANNUAL MEMBERSHIP:

- 50 Minute Swedish massage
- Signature Facial
- Detox Slimming Body Wrap
- Express Mani & Luxury Pedi

COMPLEMENTARY VIP BENEFITS:

- Monthly Sauna Session or BEMER Session
- 10% Off Additional Services
- 10% Off ALL Products



15% OFF SPA DAY PACKAGES

ON OUR WEBSITE
WWW.NBALANCEHOLISTICSPA.COM

BLACK FRIDAY WEEK OFFERS

GIFT CARDS BOGO

Buy \$125 in Gift Cards, Get \$20

Must present coupon. Not valid with any other offer. Expires 12/4/18.

BODY CONTOURING OR SKIN TIGHTENING PACKAGES

BOGO

Package of Seasonal Body Scrubs

Must present coupon. Not valid with any other offer. Expires 12/4/18.

FREE Age Defying Peel Package

When You Purchase Any Skin Tightening/ MicroNeedling/Revita Pen Package

Must present coupon. Not valid with any other offer. Expires 12/4/18.

50% OFF Vela Shape and Ultrasound Cavitation Packages

Must present coupon. Not valid with any other offer. Expires 12/4/18.

DECEMBER SPECIALS

FREE Massage

When You Purchase 5 Massages

Sign up for VIP Program and Get a complementary Body Scrub or Detox Food Bath first 2 months

Must present coupon. Not valid with any other offer. Expires 12/31/18.

2 FREE Spray Tans

When You Purchase 6 Spray Tans

VIP Sign up get complementary ADD ons first 2 months

Must present coupon. Not valid with any other offer. Expires 12/31/18.

NBalance
holistic wellness spa

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MASSAGE

SWEDISH

30 min	\$48	75 min	\$108
50 min	\$78	90 min	\$128

DEEP TISSUE

30 min	\$48	75 min	\$118
50 min	\$88	90 min	\$138

HOT STONE

50 min	\$98	90 min	\$138
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CUPPING

Chinese Medicine uses cups to create a vacuum seal on specific points of the body. The suction created brings blood to the surface of the skin which aids in relieving over used muscles from inflexibility, pain or weakness, it can restore mobility and range of motion as well as expelling negative energies from the body.

30 min	\$48
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PRENATAL (Must be past 1st trimester, 12 weeks)

A healthy way to reduce stress and promote overall wellness. Massage relieves many of the normal discomforts experienced during pregnancy, such as backaches, stiff neck, leg cramps, headaches and edema (or swelling).

30 min	\$88
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REFLEXOLOGY

A focused pressure technique, usually directed at the feet or hands. It is based on the premise that there are zones and reflexes on different parts of the body which correspond to and are relative to all parts, glands and organs.

30 min	\$58	50 min	\$88
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REIKI

A "hands-on-healing" service in which the practitioner works with universal life force energy to restore the client's energy bringing a feeling of peace, wellbeing and contentment. This process helps to restore and strengthen the mind, body, and spirit.

30 min	\$58	50 min	\$88
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LYMPHATIC

Lymphatic massage is a gentle pressure technique used to move the waste fluids away from the damaged area. It has been proven to reduce a number of health issues, pain, and restore mobility to the body.

50 min	\$88	75 min	\$88	90 min	\$138
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CBD MASSAGE

Deep Tissue or Swedish massage using CBD oil or lotion has also been found to help reduce blood pressure, increase relaxation, alleviate stress and speed up the recovery of muscles that have experienced injury or overuse. During a CBD massage, CBD can help to naturally loosen muscles to reduce pain and inflammation to allow for faster healing.

50 min	\$88
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CRYSTAL CHAKRA BALANCING MASSAGE

Ease muscle tension, soothe the mind and help to bring balance to the mind body & spirit. Release built up energy, stress and leave feeling balanced and centered. This massage may incorporate a combination reflexology, Swedish massage, reiki, crystals and Tibetan bowl sound therapy.

50 min	\$98
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MASSAGE (CONTINUED)

HIMALAYAN SALT STONE

50 min	\$98
90 min	\$138

THAI YOGA

50 min	\$108
90 min	\$138

MEDICAL

50 min	\$88
75 min	\$88
90 min	\$138

COUPLES

50 min	\$188
90 min	\$268

SPORTS

75 min	\$118
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MOBILE MASSAGE

SWEDISH

50 Minutes	\$98
75 Minutes	\$138
90 Minutes	\$158

DEEP TISSUE

50 Minutes	\$128
75 Minutes	\$168
90 Minutes	\$188

COUPLES

50 Minutes	\$208
90 Minutes	\$288

LUXURY ADD-ONS

Aromatherapy	\$18
Aroma Foot Scrub	\$28
Scalp Massage	\$28
CBD	\$18

HOLISTIC BODY

21 DAY DETOX \$388

Three week detox program includes Detoxifying Body Wraps, Infrared Sauna and Ionic Foot Bath Treatment Includes 21 days of detox Supplement kit

IONIC FOOT BATH

Negative ions help remove toxins from the warm bath therapy

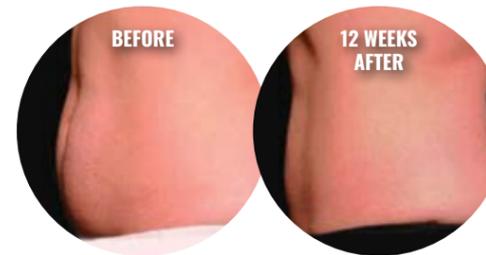
Single Session	\$38
Series of 10	\$288

INFRARED SAUNA (30 MIN. MAX) \$20

Our dry, FAR, Infrared Sauna will increase your calorie burn and help you sweat out toxins

BODY DETOX SCULPTING

A holistic approach to lose weight by using Nano, Pico, and Microcurrent technology to strengthen the muscles and eliminate fat cells and toxins within the body. This treatment is clinically proven to be effective to slim, tighten and tone! Lose up to 6 inches or more after just one single session! Get your desired result by scheduling monthly appointments. No down time required.



One Area	\$150
Package Treatment (one area)	\$999
Two Areas	\$1,499
Three Areas	\$1,799

HOLISTIC LIFESTYLE & WELLNESS COACHING

Have you been wanting to transition to a holistic lifestyle but just don't know where to start?

Overwhelmed by choices?

Or Overweight and want to tweak eating habits to create a sustainable holistic lifestyle?

Trying to find time to balance self care and lifestyle? Book a consultation discuss all programs customized to your wants and needs! Kickstart your change today!

- One-on-one intensive **90 day coaching program** for those with big goals and want change NOW!
- **6 month program** is less intensive, and slower paced for those who have a longer paced goal.
- **Monthly online membership** mastermind coaching program. Be supported by the group and led by joy on a monthly commitment.

BODY CONTOURING & SKIN TIGHTENING

VELA SHAPE II

Is an FDA-approved medical device that uses a combination of suction, massage, radio frequency energy, and infrared light to shape the body, and reduce cellulite and inches on areas like the stomach, thighs, abdomen, and buttocks.



Single Session	\$199
Series of 6	\$1100

SYNERGIE TREATMENT

Synergie treatment uses Vacuum Massage Technology, which gently combines suction and pressure to release the fluids in the fat cells that cause cellulite. The specific cellulite treatment techniques increase lymphatic drainage and blood circulation to flush the fat cell fluids and reduce overall water retention. Additional benefits of this treatment include the boosting of the immune system and stimulation of collagen production, which reduces stretch marks and scarring.



Single Session	\$88
Series of 8	\$599
Series of 16	\$999

ULTRASOUND CAVITATION

A technique used by machines causing a "cavitation effect" where fat cells implode and the water and fat within the cell releases fat and fluid to be processed by the liver leaving the body. Immediate inch loss and skin tightening can be expected.



Single Session	\$298
Series of 6	\$1499

GX LYMPHATIC & CELLULITE REDUCING

The Gx-99™ cellulite treatment works by increasing local blood circulation and gently stretching the vertical connective fibers, reducing dimpling (cellulite). It can relieve inflammation, pain, scar tissue and increase lymphatic drainage.

Single Session	\$88
Series of 8	\$599
Series of 16	\$999